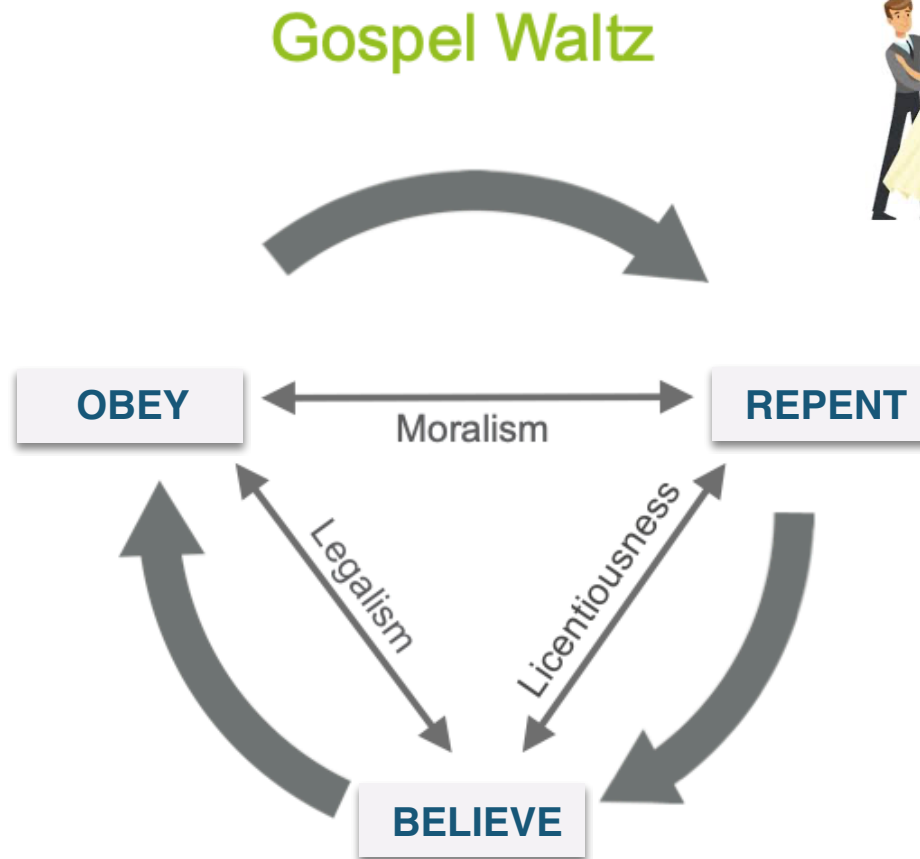


# Discipleship “Tools” Toward Spiritual Maturity

## TOOL 1: Gospel Waltz

**MAKE IT A NORMAL PART OF LIFE TO REPENT, BELIEVE AND OBEY**

*“...repentance is the way we make progress in the Christian life. Indeed, pervasive, all-of-life-repentance is the best sign that we are growing deeply and rapidly into the character of Jesus.”*  
— Tim Keller



*“Every human being is a worshiper, in active pursuit of the thing that rules his heart. This worship shapes everything we do and say, who we are, and how we live. This is why the heart is always our target in personal ministry.”*  
— Paul Tripp



## TOOL 2: Shepherding the Heart

### GET TO THE HEART OF AN ISSUE AND INVOLVE THEM IN THE SOLUTION

*Prov. 4:23; Prov. 22:13; Matt. 7:17-18; Luke 6:45; 2 Cor. 5:14*

► **Identify an issue. Ask these questions. Then just listen.**

**[Thoughts]** “What are you **THINKING** about that...?”

**[Feelings]** “How does that make you **FEEL**...?”

**[Desires]** “What do you **HOPE** would change or be different...?”

**[Choices]** “What **CHOICES** do you want to make as a result?”



*“Whatever captures the heart’s trust and love also controls the feelings and behavior. What the heart most wants the mind finds reasonable, the emotions find valuable, and the will finds doable... What makes people into what they are is the order of their loves - what they love most, more, less, and least. That is more fundamental to who you are than even the beliefs to which you mentally subscribe. Your loves show what you actually believe in, not what you say and do. People, therefore, change not by merely changing their thinking but by changing what they love most. Such a shift requires nothing less than changing your thinking, but it entails much more.” - Tim Keller*