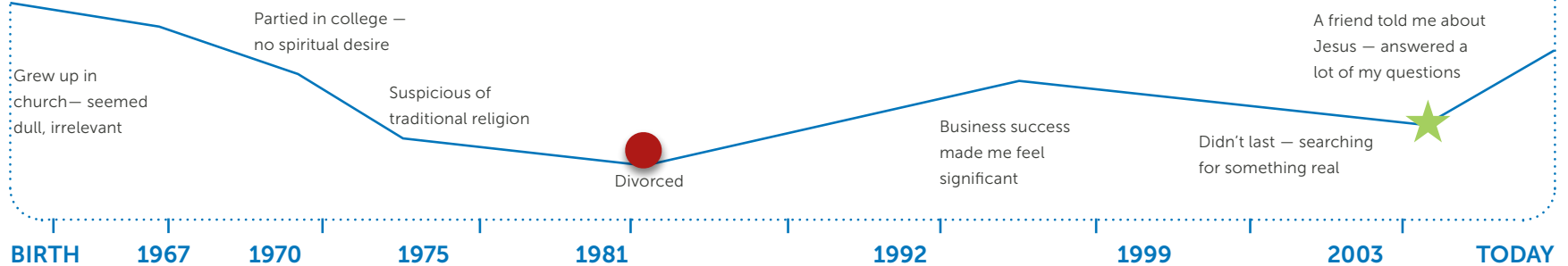


# My Spiritual Journey So Far

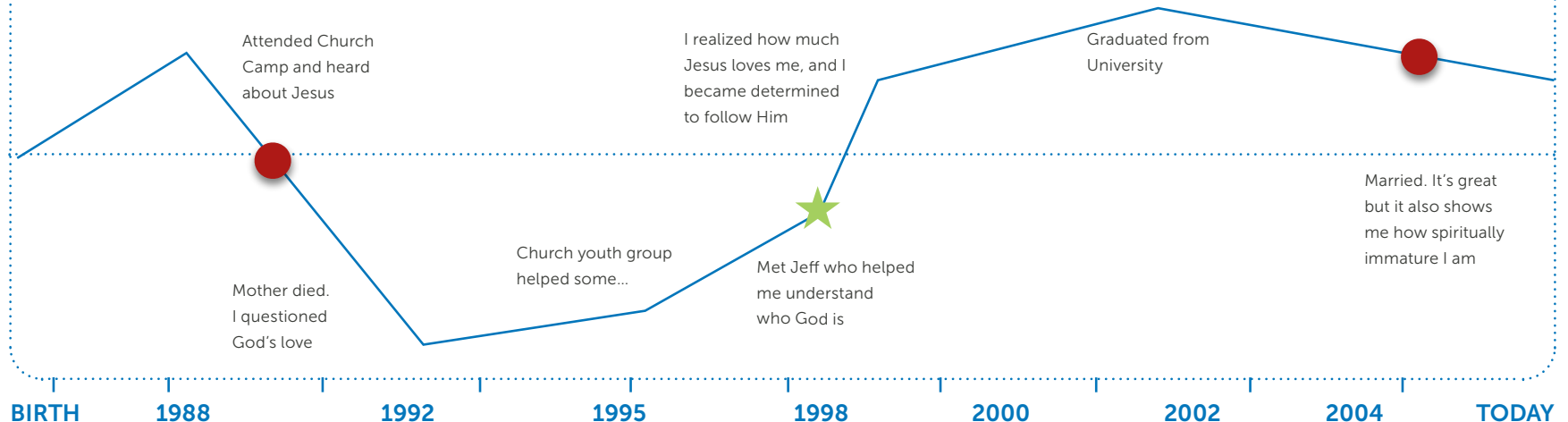
Your life is a story in the making, a story that matters. It's good to reflect on that story in order to better know your own spiritual journey, as well as that of those in your group. Take your time thinking through significant moments in your life and how those might have affected you and your spiritual journey. How did the times of flourishing and suffering, the good and bad, the positive and negative experiences, affect who you have become today?

There are examples below. On the next page, you'll draw a line graph that plots the up's and down's of your life story. Label the significant events, turning points, or changes in belief or in life. What matters is that you be honest. (adapted from Journey Curriculum by Perimeter Church)

## EXAMPLE A





## EXAMPLE B



# My Spiritual Journey So Far

## POSITIVE SPIRITUAL EXPERIENCES

Put a   
In the place  
you think you  
understood the  
gospel and  
started walking  
with the Lord. If  
you don't  
remember a  
day you didn't  
believe, put it  
when you first  
remember that  
belief and  
desire to follow.

Put a   
in any place  
anything  
significant  
happened that  
impacted your  
life.

## NEGATIVE SPIRITUAL EXPERIENCES

BIRTH

TODAY