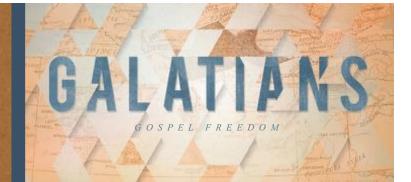


SERMON DISCUSSION GUIDE



Galatians 5:16-26 — FLESH & SPIRIT

Warm-Up Question:

What are some of the best and worst fruits you've ever eaten?

READ: Galatians 5:16-26

I. FLESH & SPIRIT: WAREFARE

- Read vs. 16-17 and Romans 7:15-24. Describe the warfare that is going on inside every Christian from vs. 16-17?
- How can you relate with such warfare personally, doing things you don't want to, not doing things you want, or areas where the flesh wars against the Spirit?

II. FLESH & SPIRIT: FRUIT

[Refer to verses 19-23 and the definitions in the sidebar]
What fruits of the flesh have you seen in your life recently (vs. 19-21)?

- What fruits of the Spirit have you seen lacking in your life (vs. 22-23)?
- What fruits of the Spirit do long to see more in your daily life and marriage?

III. FLESH & SPIRIT: GOSPEL TRANSFORMATION

- Vs. 24 speaks of "belonging to Christ Jesus." Read John 15:4-5,9-11. Discuss what belonging to Christ means and how that leads to bearing spiritual fruit.
- Vs. 24 also says we "have crucified the flesh." Read Romans 6:6-11; 8:11-13. Discuss how the crucifixion of Christ helps with us putting our own sin to death.
- Gal. 5:25 tells us to should "keep in step" with the Spirit. What is the Spirit constantly wanting us to know and feel (vs. 18, Rom. 5:5)? How does that lead to "fruit of the Spirit" and not "gratify the desires of the flesh" (vs. 17)?

What is one main take-away you want to apply in your life this week?

Fruits of the FLESH

Sexual Immorality: Sex outside of marriage Impurity: Unnatural sexual practice and relationships Sensuality: Uncontrolled sexuality RELIGION Idolatry: Pagan worship Sorcery: Witchcraft **RELATIONSHIPS** Enmity: Hatred Strife: Discord, seeking to pick fights and being argumentative Jealousy: The zeal and energy that comes from a hungry ego Fits of anger: Outbursts of anger Rivalries: Selfish ambition, competitiveness, self-seeking motive **Dissensions:** Division between people (pointless divisions) Divisions: Factions based on personal opinions **Envy:** Coveting and desiring what others have SUBSTANCE ABUSE Drunkenness: Drinking too much

Fruits of the SPIRIT

Orgies: Wild drinking parties.

Love: To serve a person for their good not what the person brings you. Joy: Delight in God for the sheer beauty and worth of who He is. Peace: Trust & rest in the wisdom/ control of God rather than your own. Patience: Ability to face trouble without blowing up or hitting out. Kindness: Ability to serve others practically from an inner security Goodness: Being the same person in all situations rather than a phony. Faithfulness: To be utterly reliable and true to your word. Gentleness: Humility, self-forgetful. Self-Control: Ability to pursue the important over the urgent rather than to be impulsive or uncontrolled.

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