

TOOL 1: Shepherd the Heart

Prov. 4:23; Prov. 22:13; Matt. 7:17-18; Luke 6:45; 2 Cor. 5:14

Goal: Identifying the issue, asking good questions and active listening to help shepherd their heart

[Thoughts] “What are you **THINKING** about that...?”

[Feelings] “How does that make you **FEEL**...?”

[Desires] “What **DESIRES** do you have because of that...?”

[Choices] “What **CHOICES** do you want to make as a result?”



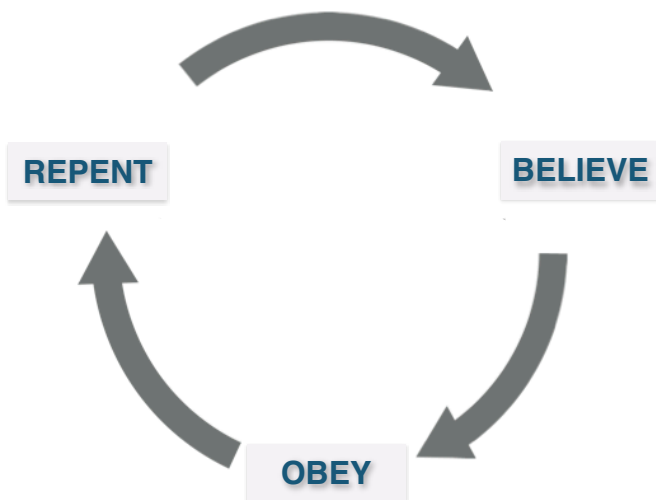
“Whatever captures the heart’s trust and love also controls the feelings and behavior. What the heart most wants the mind finds reasonable, the emotions find valuable, and the will finds doable... What makes people into what they are is the order of their loves - what they love most, more, less, and least. That is more fundamental to who you are than even the beliefs to which you mentally subscribe. Your loves show what you actually believe in, not what you say and do. People, therefore, change not by merely changing their thinking but by changing what they love most. Such a shift requires nothing less than changing your thinking, but it entails much more.” - Tim Keller

TOOL 2: Gospel Waltz



“Preach the gospel to yourself every day”

Gospel Waltz



“Every human being is a worshiper, in active pursuit of the thing that rules his heart. This worship shapes everything we do and say, who we are, and how we live. This is why the heart is always our target in personal ministry.” - Paul Tripp

“The highest of all God’s commands is this, that we ever hold up before our eyes the image of his dear Son, our Lord Jesus Christ. He must daily be to our hearts the perfect mirror, in which we behold how much God loves us and how well, in his infinite goodness, as a faithful God, he has grandly cared for us in that he gave his dear Son for us. Do not let this mirror and throne of grace be torn away from before your eyes.” - Martin Luther

“...repentance is the way we make progress in the Christian life. Indeed, pervasive, all-of-life-repentance is the best sign that we are growing deeply and rapidly into the character of Jesus.” - Tim Keller