

(Online) Sermon Discussion Guide

The Keeper

Psalm 121

March 21 & 22, 2020

This discussion guide is written in three sections. The first is for private/individual reflection. The second is for couples or for small groups who may be meeting via video or phone. The third contains questions for family discussion. As many of you are sheltering in place, we encourage you to continue to read the passage and pray from it all week long. This way you can meditate on new truths each day and discover new things God might teach you in his word.

Section 1: Individual Reflection

1. Consider how this sermon affects our head, heart and hands. What does the passage teach us - what knowledge/information do we gain from this passage (head)? What does this passage show us about our sinfulness and how our affections need to be changed by the gospel (heart)? How does this passage change my actions - what do I need to do or think in my everyday life because of these truths (hands)?
2. In what ways can you relate to the writer of Psalm 121? Where do you share the same struggles as the psalmist? Where do you share the same hope?
3. The third main point of the sermon described the shielding presence of God. Where in your life do you feel “sun struck” and where in your life do you feel “moon struck?”
4. How is the gospel of Jesus’ death good news for you as you face the things described in the previous question?

Section 2: Couple/Small Group Discussion

1. What portions of the sermon were most significant and helpful to you? Summarize some of your answers from the previous section.

2. Adam said in his sermon that Jesus is for “right now.” Where have you recently felt your need for Jesus? Where have you been tempted? What idols have been exposed in your life? Where are you emotionally and spiritually struggling? What has recently caused you fear?
3. Adam mentioned the misnomer that “God will never give us more than we can handle”, when what is actually true is that he will sometimes give us more than we can handle. How was the psalmist speaking to this idea? Has there been a time in your life when you felt God giving you more than you can handle? What should we do in those situations?

Part 3: Family Discussion

1. Share with your kids your reflections from Sections 1 and 2. Ask them to share some of their highlights and see if they can summarize some of the sermon.
2. Share as a family some of the everyday struggles you face, where you need Jesus. How are you tempted? Where are your idols? How do you emotionally and spiritually struggle? What causes you fear?
3. Share the story of Joni Eareckson Tada with your kids. (Here’s a good [website](#) to look at with them.) Discuss what makes her story so remarkable and how she is able to trust Jesus in such a challenging situation.
4. Share and discuss (and perhaps explain) the quote from Charles Spurgeon, “I have a great need for Christ and I have a great Christ for my need.”